

California Right Meds Collaborative

Fall 2026 Learning Session

From Insight to Impact: Elevating Mental Health Care in Community Pharmacy

Sunday, November 1, 2026 • 12:00 PM – 5:20 PM • Virtual (Zoom) • ~5.5 CE hours

Draft Agenda v5(8/24/2026)

Design: TED-style pacing • short, practical presentations • live polling • reflection breakouts • action-oriented takeaways

Time	Duration	Topic / Learning Activity	Speaker
12:00–12:20	20 min	Welcome, CRMC Update & Program Framing • Polling questions • Program overview and expectations • Introduce keynote panel	Moderator
KEYNOTE PANEL			
12:20–1:05	45 min	Closing the Gaps in Mental Health and Substance Use Care: Potential Roles for Community Pharmacists OBJECTIVES: 1. Describe major gaps in mental health and substance use care affecting patients and communities. 2. Identify priority opportunities for community pharmacists to improve access, coordination, and outcomes.	Natalie Do, DO, PharmD Behavioral Health Medical Director CalOptima Health Arastou Aminzadeh, MD Medical Director, Correctional Health Services / Addiction Medicine Services Los Angeles County Department of Health Services Brian Hurley, MD, MBA, FAPA, DFASAM Medical Director, Substance Abuse Prevention & Control Los Angeles County Department of Public Health
1:05–1:15	10 min	Live Q&A and Audience Polling • Audience questions • Poll / chat feedback	Moderator

Time	Duration	Topic / Learning Activity	Speaker
SESSION I – PRACTICAL MEDICATION MANAGEMENT			
1:15–1:35	20 min	Navigating Psychotropic Medications: What Pharmacists Can Legally Do • Case studies: Lexapro at twice the FDA-labeled maximum dose; Seroquel for insomnia • Off-label use and dosing considerations • Documentation and pharmacist liability OBJECTIVES: 1. Apply an evidence-informed framework to assess common off-label psychotropic prescribing cases.	David Dadiomov, PharmD, BCPP Assistant Professor of Clinical Pharmacy; Director, PGY2 Psychiatric Pharmacy Program USC Alfred E. Mann School of Pharmacy and Pharmaceutical Sciences Additional case speaker: TBD
1:35–1:55	20 min	Long-Acting Injectable Antipsychotics: Acquisition, Distribution, and Administration • Wholesaler realities and myths • Inventory management and access • Billing and practice implementation OBJECTIVES: 1. Describe practical steps and common barriers involved in acquiring, stocking, billing, and administering LAI antipsychotics in community pharmacy.	Garrett Ow, PharmD Clinical Staff Pharmacist USC Alfred E. Mann School of Pharmacy and Pharmaceutical Sciences Cencora representative (invited; TBD)
1:55–2:10	15 min	Breakout Discussion #1 • 6–8 participants per room; assigned moderator • Reflection: “What is one practice or policy change that would allow your pharmacy to better support patients receiving psychotropic medications?” • Brief report-out from selected rooms OBJECTIVES: 1. Identify one practice or policy change that could improve psychotropic medication services in the participant’s pharmacy.	Facilitated breakout moderators

Time	Duration	Topic / Learning Activity	Speaker
SESSION II – SUBSTANCE USE DISORDERS & EMERGING THERAPIES			
2:10–2:30	20 min	Beyond Addiction: Buprenorphine, Pain Management, and Community Pharmacy • Analgesia and addiction treatment • Reducing stigma • Acquisition challenges and myths • Community implementation OBJECTIVES: 1. Differentiate practical opportunities for buprenorphine use in pain management and treatment of opioid use disorder.	David Dadiomov, PharmD, BCPP Assistant Professor of Clinical Pharmacy; Director, PGY2 Psychiatric Pharmacy Program USC Alfred E. Mann School of Pharmacy and Pharmaceutical Sciences
2:30–2:50	20 min	GLP-1 Medications and Addiction Treatment: Emerging Evidence • Current evidence and unanswered questions • Potential implications for patient care OBJECTIVES: 1. Summarize the emerging evidence regarding GLP-1 medications in addiction treatment and identify implications for pharmacy practice.	Christian Hendershot, PhD Professor of Population and Public Health Sciences, Psychology, and Psychiatry and the Behavioral Sciences Director of Clinical Research, USC Institute for Addiction Science Keck School of Medicine of USC
2:50–3:10	20 min	Stimulant Use Disorder, ADHD Medication Shortages, and Community Pharmacy • Methamphetamine and heart failure clinic experience • ADHD medication shortages • Practical patient management OBJECTIVES: 1. Identify practical community pharmacy approaches to patients with stimulant use disorder and medication access challenges.	David Dadiomov, PharmD, BCPP Assistant Professor of Clinical Pharmacy; Director, PGY2 Psychiatric Pharmacy Program USC Alfred E. Mann School of Pharmacy and Pharmaceutical Sciences Additional speaker: TBD
3:10–3:20	10 min	BREAK	

Time	Duration	Topic / Learning Activity	Speaker
SESSION III – BEST PRACTICES FROM THE FIELD			
3:20–3:40	20 min	Mental Health Services Through County Systems • Gaps and challenges • Collaborative care and community partnerships • Access expansion OBJECTIVES: 1. Describe major system-level gaps and partnership opportunities through which community pharmacies can expand access to mental health services.	Los Angeles County Department of Mental Health representative Invited / TBD
3:40–4:00	20 min	Innovative Community Pharmacy Models • Real-world workflow and service model • Partnerships, staffing, and implementation lessons OBJECTIVES: 1. Identify operational strategies from a successful community pharmacy model that could be adapted to expand mental health services.	Genoa Pharmacy representative TBD Twin Towers / Kern Health representative(s) TBD
4:00–4:15	15 min	Breakout Discussion #2 • 6–8 participants per room; assigned moderator • Reflection: “Which innovation could realistically be implemented in your practice over the next six months, and what barriers would need to be addressed?” • Brief report-out from selected rooms OBJECTIVES: 1. Develop one feasible action step for implementing a new mental health pharmacy service within the next six months.	Facilitated breakout moderators

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SESSION IV – SPECIAL TOPICS LIGHTNING TALKS			
4:15–5:00	45 min	Three 15-minute Lightning Talks • Psychotropic stewardship and deprescribing • Peripartum mental health • Pediatric/adolescent mental health OBJECTIVES: 1. Identify practical strategies for psychotropic stewardship, deprescribing, and medication tapering. 2. Recognize key considerations for mental health medication management in the peripartum period. 3. Recognize key considerations for mental health care and medication management in pediatric and adolescent populations.	Winter Roth, PharmD, BCPP Assistant Professor of Clinical Pharmacy (Clinician-Educator) Titus Family Department of Clinical Pharmacy, USC Mann Peripartum mental health speaker: TBD Pediatric/adolescent mental health: Tariq Pulskamp, PharmD PGY2 Psychiatric Pharmacy Resident, Los Angeles General Medical Center USC Mann
CLOSING			
5:00–5:20	20 min	Interactive Closing Panel: From Insight to Impact • Audience questions • Participants share requests, offers, and commitments to action • Evaluation and CE instructions OBJECTIVES: 1. Develop a specific commitment to action for improving mental health services in the participant's practice over the next six months.	Moderator + selected speakers