



## Diabetes Medication

There are different types of diabetes medications (meds). Each type works in its own way to control blood sugar. Some are in pill form. Others are injected (shots). You may take one or more type. This list does not include all possible medications used to treat diabetes. Please check the list of covered drugs to make sure your diabetes medication is covered by L.A. Care.

### Liver

These meds keep the liver from putting too much sugar in the blood.

- metformin (Glucophage)

### Hormones

Some meds work on the hormones that let sugar into the blood or help the pancreas make more insulin. These meds can be either pills or shots.

#### Pills:

- sitagliptin (Januvia)
- alogliptin (Nesina)
- saxagliptin (Onglyza)
- linagliptin (Tradjenta)

#### Shots:

- exenatide (Byetta, Bydureon)
- liraglutide (Victoza)\*
- dulaglutide (Trulicity)

### Kidneys

These meds help the kidneys get rid of sugar through the urine.

- canagliflozin (Invokana)
- dapagliflozin (Farxiga)
- empagliflozin (Jardiance)\*

### Muscles

These meds help the body better use its own insulin.

- pioglitazone (Actos)
- rosiglitazone (Avandia)

\*These agents are beneficial if you have cardiovascular heart disease

### Pancreas (hidden from view)

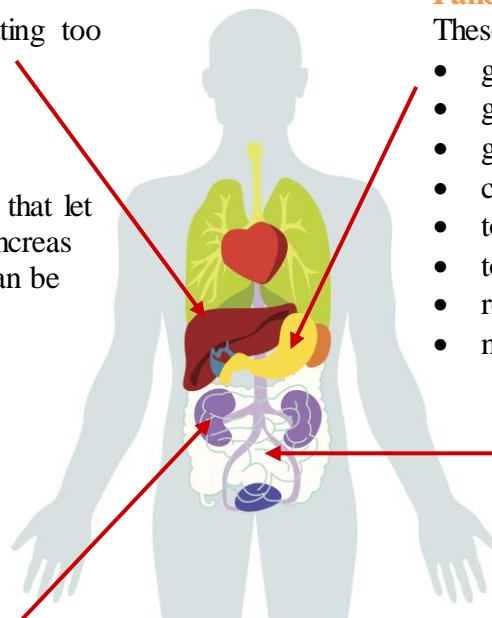
These meds help the pancreas release insulin.

- glyburide (Diabeta, Micronase, Glynase)
- glipizide (Glucotrol)
- glimepiride (Amaryl)
- chlorpropamide (Diabinese)
- tolbutamide (Orinase)
- tolazamide (Tolinase)
- repaglinide (Prandin)
- nateglinide (Starlix)

### Digestive Tract

These meds slow down the speed at which carbohydrates are turned into sugar and delay the absorption of sugar.

- acarbose (Precose)
- miglitol (Glyset)



### A Word About Insulin

There are different kinds of insulin. Some work quickly while others take longer. Some work for a longer amount of time.

- Rapid-Acting: lispro (Humalog, Admelog), aspart (Novolog), glulisine (Apidra)
- Short-Acting: regular (Humulin R or Novolin R)
- Intermediate-Acting: NPH (Novolin N, Humulin N)
- Long-Acting: glargine (Lantus, Basaglar, Toujeo), detemir (Levemir)
- Very Long-Acting: degludec (Tresiba)
- Pre-Mixed: Humulin 70/30, Novolin 70/30, Novolog 70/30, Humulin 50/50, Humalog mix 50/50, Humalog mix 75/25

You can get free health information by calling  
L.A. Care's 24-hour Nurse Advice Line  
**1-800-249-3619 (TTY 711).**